



Continuing Professional Development Format

Category	Examples	Professional Development Hours/Hours of Activity	Max./Year
Professional Practice	Active professional practice as an engineer	1 PDH per 15 Hours	50
Formal Activity	Courses at/from universities, industry, employer, technical societies	1 PDH per Hour	30
Informal Activity	Self-directed study, conferences, seminars	1 PDH per Hour	30
Participation	Mentor to an EIT, service on public bodies, technical committees, community service (non-technical)	1 PDH per Hour	20*
Presentations (outside normal job functions)	Technical or professional presentations at a conference, seminar, or meeting	1 PDH per Hour	20
Contributions to Knowledge (outside normal job functions)	Codes and standards development	1 PDH per Hour	30
	Patent development	15 PDH per patent registered	
	Publications of peer reviewed paper	15 PDH per published paper	
	Publications of non-peer reviewed article	10 PDH per article to max of 10 PDH per year	
	Reviewing articles for publication	1 PDH per hour to max of 10 PDH per year	
Caregiving	Editing papers for publication	1 PDH per hour	20
	Serving in a direct caregiving role for:		
	Care and upbringing of a child under 18 years of age	1 PDH per 15 hours	
	Acting on behalf of an adult person within the medical, education, financial, or other systems	1 PDH per 15 hours	
	Providing physical or personal care for an adult person	1 PDH per 15 hours	
Managing an adult person's care or finances	1 PDH per 15 hours		

* - maximum 10 per year for non-technical community service